



**19-24 SEPTEMBER 2023**

**LEE VALLEY WHITE WATER CENTRE**

**BULLETIN 1**

**DECEMBER 2022**



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# 1 WELCOME



It is my pleasure as Chair of British Canoeing to welcome all competitors, supporters, team officials, ITO's and friends to this exciting and much anticipated ICF Canoe Slalom World Championships at the historic Lee Valley 2012 Olympic course. It is always a popular venue and has seen many fierce and high quality competitions in recent years.

The World Championships is an important and significant event in our calendar. It is a further step in our ambition to be a regular host of international competition but is particularly significant as the final World Championships before the 2024 Olympic Games.

These championships will have added significance as part of this shortened Olympic cycle. It is an opportunity to put behind us the implications and disruptions of the pandemic years. We want to make these championships therefore not just the competitive arena you would expect from a World Championships of this significance but also a showcase for our sport and a true celebration of the paddling community.

We shall do all we can to ensure that it is a memorable occasion: memorable for the quality of competitive performance, memorable for the athlete centred atmosphere, the spectator experience and the technical delivery of the event. Recent Championships have set a very high bar but we are committed to meeting the challenge.

We take our obligations seriously when the ICF honours us with the award of such an important event. We shall devote our passion and expertise to ensure that it is a fitting championships to honour the world class athletes that will compete. As we plan I am conscious of the debt we owe as a sport, here and internationally, to the army of volunteers that make so much of what we deliver possible. I would therefore like to extend my sincere thanks to those committed volunteers, committee members, British Canoeing staff, ICF staff, the venue staff, our partners and sponsors for their support to put on the event.

British Canoeing has secured the full support of many key partners and agencies. We are pleased to thank in particular the UK Government, through UK Sport, Lee Valley Regional Park Authority and Lee Valley White Water Centre. They are steadfast partners and supporters in everything we do. We are proud of this world class facility, now in its teenage years, and want to see it used to maximum effect. It is a credit to our partners that we have a facility that gets better every year.

We are committed to ensuring the event is a great success and wish to ensure participants have the most positive of experiences. I am looking forward to seeing you all in September 2023.

Kind regards

A handwritten signature in blue ink, which appears to read "John Coyne". The signature is fluid and cursive.

Professor John Coyne CBE  
Chair, British Canoeing

## 2 GENERAL INFORMATION

### 2.1 Event title

2023 ICF Canoe Slalom World Championships, Lee Valley

### 2.2 Key dates

Training Period 1 - Monday 22 to Friday 26 May 2023

Training Period 2 - Wednesday 6 to Sunday 10 September 2023

Official Training - Tuesday 12 to Monday 18 September 2023

Competition - Tuesday 19 to Sunday 24 September 2023

### 2.3 Venue name/address

Lee Valley White Water Centre (LVWWC)

Station Road

Waltham Cross

Hertfordshire

EN9 1AB

[www.gowhitewater.co.uk](http://www.gowhitewater.co.uk)

### 2.4 Key Contacts

|                     |                |  |
|---------------------|----------------|--|
| Event Director      | Gemma Wiggs    | <a href="mailto:events@britishcanoeing.org.uk">events@britishcanoeing.org.uk</a>                 |
| Technical Manager   | Colin Woodgate | <a href="mailto:colinwoodgate@btinternet.com">colinwoodgate@btinternet.com</a>                   |
| Finance             |                | <a href="mailto:finance.dept@britishcanoeing.org.uk">finance.dept@britishcanoeing.org.uk</a>     |
| Accommodation       | Nicola Boyle   | <a href="mailto:nicola@cseplc.com">nicola@cseplc.com</a>   |
| Transport           | Nicola Boyle   | <a href="mailto:nicola@cseplc.com">nicola@cseplc.com</a>   |
| Media               |                | <a href="mailto:mediaenquiries@britishcanoeing.org.uk">mediaenquiries@britishcanoeing.org.uk</a> |
| Sponsorship         | Gareth May     | <a href="mailto:gareth.may@britishcanoeing.org.uk">gareth.may@britishcanoeing.org.uk</a>         |
| Visas/Accreditation | Mac Allen      | <a href="mailto:events@britishcanoeing.org.uk">events@britishcanoeing.org.uk</a>                 |

Official Training Period Bookings [events@britishcanoeing.org.uk](mailto:events@britishcanoeing.org.uk)

Training Outside Official Training Periods [LVwhitewaterevents@gll.org](mailto:LVwhitewaterevents@gll.org)

British Canoeing +44 (0) 300 0119 500  
National Water Sports Centre, Adbolton Lane, Holme Pierrepont,  
Nottingham, NG2 2LU

ICF Event Page

<https://www.canoeicf.com/canoe-slalom-world-championships/lee-valley-2023>

Event website <https://britishcanoeingevents.org.uk/slalom2023/>

### 3 LOCATION

Lee Valley White Water Centre is part of the Lee Valley Regional Park which stretches 26 miles along the leafy banks of the River Lee. The Lee Valley runs through London, Essex and Hertfordshire and includes London 2012 venues, heritage sites and over 10,000 acres of parkland. Just 40 minutes from the centre of London, Lee Valley White Water Centre is not only one of the best Canoe Slalom venues in the world but perfectly located for visitors to enjoy the capital city.

#### 3.1 Location of airports, rail network and roads to the venue/city

##### By Air

London is one of the world's best-connected cities. With 5 international airports serving over 300 destinations, high-speed rail links to continental Europe and an extensive public transport network, London can effectively accommodate all participant and spectator needs no matter how they choose to get here.



There are 5 international airports located in and around London (distances from LVWWC):

- London Stansted 40 km (25 miles) 35 mins
- London Heathrow 66 km (41 miles) 45 mins
- London City 37 km (23 miles) 40 mins
- London Luton 50 km (31 miles) 40 mins
- London Gatwick 99 km (61 miles) 70 mins

The official airports for the Championships are London Heathrow and London Stansted.

##### By Boat

Ferry Terminals & Channel Tunnel (distances from LVWWC):

- Channel Tunnel – Folkestone 137 km (85 miles) 95 mins
- Dover Ferry Terminal 148 km (92 miles) 105 mins
- Ramsgate Ferry Terminal 139 km (87 miles) 105 mins

- Harwich Ferry Terminal 115 km (72 miles) 90 mins
- Portsmouth Ferry Terminal 166 km (103 miles) 115 mins

### By Rail

Eurostar operates frequent daily high-speed services connecting Paris and Brussels to London taking around 2 hours. Trains arrive at St Pancras International station in central London.

LVWWC is well connected to central London with direct trains to Waltham Cross from London Liverpool Street, London Stratford and Tottenham Hale stations.

- Waltham Cross 1 km (1 mile) 2 mins (or 15-20 min walk) - Mainline Service to London Liverpool Street Station
- Loughton 10 km (7 miles) 13 mins - London Underground, Central Line to London Liverpool Street Station
- Tottenham Hale 14.5km (9 miles) 20 mins - London Underground, Victoria Line to Kings Cross/St Pancras Station.

### By Bus

Local Bus Services - numerous local bus services 212, 213, 240, 250 and 251 all stop at the entrance to the LVWWC providing easy access to the surrounding area.

## **3.2 Weather in September**

Average temperature 20°C

Average monthly amount precipitation is 49mm

Average daily wind speed 13 kmp/h

Average daily relative humidity 70%

## **3.3 Local Attractions**

There are a wide array of social activities within the local area including (distances from LVWWC):

- Royal Gunpowder Mills 0.85 km (0.5 miles) 2 mins
- Lee Valley Park Farms 4.1 km (2.5 miles) 7 mins
- Myddelton House Gardens 5 km (3.1 miles) 8 mins
- Forty Hall 5.7 km (3.6 miles) 12 mins
- Paradise Wildlife Park 11.3 km (7 miles) 15 mins
- Epping Forest 15.4 km (9.6 miles) 21 mins
- Olympic Park 19.4 km (12.1 miles) 34 mins
- Hatfield House 23.7 km (14.7 miles) 26 mins
- Knebworth House 43.2 km (26.8 miles) 34 mins
- Cambridge University 74.8 km (46.5 miles) 55 mins.

In addition Central London is within easy reach with its world class tourist and cultural attractions, including Museums, Theatres, Oxford Street, the London Eye and the Tower of London.

## 4 VENUE

### 4.1 Description of competition venue and sport infrastructure

The Lee Valley White Water Centre was the venue for the Canoe Slalom competition during the London 2012 Olympic Games. Located 30km north of the Olympic Park, within the 26-mile long, 10,000 acre Lee Valley Regional Park in Hertfordshire.



LVWWC is arguably one of the best courses in the world and an important Olympic legacy venue for ICF Canoe Slalom.

The venue consists of two canoe slalom courses:

- 300m Olympic course
- 160m legacy loop
- and a 10,000m<sup>2</sup> lake

The centre is a hive of activity for canoeing and kayaking for the local community and visitors, with suitability for beginners to elite athletes. The venue also serves as a major leisure attraction for White Water Rafting. Owned and funded by Lee Valley Regional Park Authority and managed by GLL the centre offers an extensive sports development programme and is also home to the British Canoeing Slalom Performance Programme.



## 4.2 Venue map



## 4.3 Presentation of the technical aspects of the course

The LVWWC was purpose built and designed in close collaboration with the IOC and ICF to host the Canoe Slalom events for the London 2012 Olympic Games and has been developed and the facilities extend since that time.

Both courses are independently pump-fed from the lake which is filled from an aquifer, guaranteeing clean white water at all times.

The Olympic Course – Grade IV rapids

- 300m long white water course, with a
- 5.5m descent from the start pool to the finish pool
- 5 pumps delivering/pumping up to 15m<sup>3</sup>/s

The Legacy Loop – Grade III rapids

- 160m long white water course, with a
- 1.6m descent from the start pool to the finish pool
- 3 pumps delivering/pumping up to 10.5m<sup>3</sup>/s

The Lake

- Total water 9000m<sup>3</sup> filled from aquifer
- Depth 1.8 (1.2m when both courses are running).

## 5 EVENT & COMPETITION PROGRAMME

### 5.1 Events

Slalom (CSL) – Individual Events

- Women Canoe (WC1)
- Men Canoe (MC1)
- Women Kayak (WK1)
- Men Kayak (MK1)

Kayak Cross (CSLX) – Individual Events

- Women's Kayak Cross (WX1)
- Men's Kayak Cross (MX1)

Slalom (CSL) – Team Events

- Women's Canoe Team (WC1x3)
- Men's Canoe Team (MC1x3)
- Women's Kayak Team (WK1x3)
- Men's Kayak Team (MK1x3)

### 5.2 Outline Provisional Schedule

The outline schedule is as follows:

|                        |  |
|------------------------|--|
| Saturday 16 September  | Team Leaders Meeting   |
| Sunday 17 September    | Opening Ceremony   |
| Tuesday 19 September   | Team Events  |
| Wednesday 20 September | Canoe Heats  |
| Thursday 21 September  | Kayak Heats  |
| Friday 22 September    | Canoe Semis & Finals   |
| Saturday 23 September  | Kayak Semis & Finals   |
| Sunday 24 September    | Kayak Cross Time trial / Elimination phase<br>Closing Ceremony |

## 6 ENTRIES & PARTICIPATION FEE

### 6.1 Entry process & deadlines

Entries and accreditation requests must be made by the National Federation using the ICF's online entries system (SDP): <https://icf.msl.es/icf/icf.jsp>

For detailed instructions on how to submit entries, please read the [SDP user guide](#). Any questions or issues relating to entries or accreditation should be sent [sdp@canoeicf.com](mailto:sdp@canoeicf.com) prior to the respective deadline.

#### Numerical Entries

- Numerical entries close: 5 August 2023
- You must submit through SDP the number of athletes you will enter into each event.
- Please also give indicative numbers for the overall number of athletes and team personnel who will attend the event with your delegation.

#### Nominal Entries

- Nominal entries close: 9 September 2023
- Each athlete competing must be entered by name.
- Team personnel must also be submitted for accreditation at this time. These entries will be used to produce the accreditation cards for all teams.

Entries or accreditation requests sent directly to the committee or the event organiser will NOT be accepted.

### 6.2 Participation Fee

A Participation Fee of GBP £120 will be charged for each accredited athlete and team official, to cover the duration of the Official Training and Competition phases of the 2023 ICF Canoe Slalom World Championships.

The participation fee will include the following services:

- Accreditation
- Access to athlete's village
- Nations tent
- Technical video signal in team tents
- Boat storage
- Security
- Public wifi access on venue
- Team parking
- Information regarding the accommodation
- Free training during the official training periods
- Emergency first aid
- Flat-water training
- An invitation letter for visa applications where required

Free accreditation will be provided for the NF President, the NF General Secretary, and ITOs selected by the ICF.

### **6.3 Bank details**

The participation fees must be paid by bank transfer before the arrival at Lee Valley, no other payment method is available.

Account Name: British Canoeing Events Ltd

Sort Code: 20 63 33

Account Number: 7080 3359

IBAN: GB80 BARC 2063 3370 8033 59

Swift/BIC: BARCGB22

When making payments please quote "CSL WC" followed by your country code.

Payments must be made in GBP £. Bank and currency charges must be paid by NFs in addition to the accreditation fee.

If you require an invoice please contact [events@britishcanoeing.org.uk](mailto:events@britishcanoeing.org.uk).

## **7 TRAINING**

### **7.1 Pre Event Training Periods**

Training Period 1 - Monday 22 to Friday 26 May 2023

Training Period 2 - Wednesday 6 to Sunday 10 September 2023

1 training slot per day per athlete will be guaranteed during these training periods. For the May week the HOC will provide two slots per day for slalom paddlers if capacity permits. Please note in order to facilitate this there will be no, or minimal, kayak cross training opportunity during the May training week.

To register for training during these periods please use the ICF SDP system. The deadline to register for the pre-event training periods is 4 weeks prior to the respective training weeks:

- May training week registration deadline - 24 April 2023
- September training week registration deadline - 9 August 2023

Please note that in order to provide equitable training opportunities, the ICF does not permit teams to book additional training sessions with the venue during these weeks.

Please note there is no access to the water for teams to train on Monday 11 September 2023.

### **7.2 Official Training**

Official Training takes place from Tuesday 12 to Monday 18 September 2023.

1 training slot per day and per athlete for slalom plus 1 training slot per day per athlete for kayak cross.

### **7.3 Unofficial Training**

A separate document will be published on the ICF and event websites for information on prices and how to book open sessions and exclusive sessions with the venue.

For all training enquiries outside of official training periods please contact [LVwhitewater@GLL.org](mailto:LVwhitewater@GLL.org).

## **8 ATHLETE SERVICES**

### **8.1 Athlete facilities at the venue**

The following facilities will be provided for all accredited athletes and team personnel during the official training and Competition phases:

Athlete's Village

- Athlete Lounge
- Nation tents
- Toilets
- Boat Storage

Additional toilets, changing rooms and showers are provided in the main centre.

Catering outlets onsite will provide nutritional options for purchase to cater for athletes and team personnel.

### **8.2 Athlete services at the venue**

The following services will be provided to all accredited athletes and team personnel during the official training and competition phases:

Video Service - Siwidata will provide TVS signal into the team tents. There will also be a TV located in the Athlete Lounge to allow teams to watch the competition.

Internet Access - Wi-Fi internet throughout the Athletes Village and LVWWC site.

Drinking Water – Access to drinking water for all accredited athletes. We encourage the use of reusable water bottles and discourage the use of single-use plastic bottles.

Refreshments - Quality outlets will be available throughout the training and competition period for athletes to purchase food and drink. In addition fresh fruit and snacks are provided in the Athlete Lounge.

Boat Repair – space will be provided for teams to undertake boat repairs.

## 9 ACCOMMODATION

British Canoeing have partnered with Corporate Sports Events (CSE) to be able to provide teams with accommodation. Full details of accommodation are at the end of the bulletin. For all accommodation enquiries please contact Nicola Boyle [Nicola.Boyle@cseplc.com](mailto:Nicola.Boyle@cseplc.com) or call +44 121 647 4094.

## 10 TRANSPORT

Corporate Sports Events (CSE) are also able to provide airport transfers and/or transport to and from team hotels/venue.

The main arrivals & departures (A&D) operation for the event will be operated from London Heathrow (LHR) and London Stansted (STN). Transport solutions can be offered from any alternative airport other than our official airports.

### London Heathrow Airport (LHR)

Hounslow  
TW6 2GW

London Heathrow Airport consists of four terminals which are referred to as T2, T3, T4 and T5. Passengers can easily walk via the pedestrian underpass between T2 & T3, average journey time is 10 minutes. T4 & T5 are served by free trains and buses which take approximately 20 minutes.

The journey time from London Heathrow Airport to your accommodation is approximately 1 hour however this is traffic dependent. It is to be noted that arrivals into London Heathrow during rush hour could result in a longer than usual transfer to your accommodation.

### London Stansted Airport (STN)

Stansted  
CM24 1QW

London Stansted Airport has one main passenger terminal and is situated 42 miles northeast of Central London.

The journey time from London Stansted Airport to your accommodation is approximately 45 minutes however this is traffic dependent. It is to be noted that arrivals into London Stansted during rush hour could result in a longer than usual transfer to your accommodation.

Other supported airport locations;

- London Gatwick Airport
- London City Airport
- London Luton Airport

Please contact Nicola Boyle at CSE for prices and a quotation depending on your teams' needs on [Nicola.Boyle@cseplc.com](mailto:Nicola.Boyle@cseplc.com) or call +44 121 647 4094.

## 11 VISA REQUIREMENTS

British Canoeing have published a visa guide to help nations applying for visas: [Visa Guide](#).

For information on entry to the UK please visit the UK Border Control website: <https://www.gov.uk/uk-border-control>

A UK 'Standard Visitor' Visa will be required for athletes, officials and support personnel from countries which the UK Border Agency has categorised as 'Visa Nationals'.

Individuals can check if they require a UK visa by visiting: <https://www.gov.uk/check-uk-visa>

Individuals should apply as early as possible. Applications can be made up to three months in advance of the proposed date of travel. To find out how long getting a visa might take in the country you are applying from visit [www.gov.uk/visa-processing-times](http://www.gov.uk/visa-processing-times). *(Please note if a nation does not apply for their visas in due time, it cannot be guaranteed that their application will be processed in time and that additional charges may be applied by the UK Government for an express service).*

You must apply online for a visit visa at [www.gov.uk/apply-uk-visa](http://www.gov.uk/apply-uk-visa). After you have applied online, you will need to make an appointment to attend a visa application centre. Find your nearest centre at [www.gov.uk/find-a-visa-application-centre](http://www.gov.uk/find-a-visa-application-centre)

British Canoeing will issue an official invitation to athletes, officials and support personnel from National Federations where the participants are listed as 'Visa Nationals'. Please contact [events@britishcanoeing.org.uk](mailto:events@britishcanoeing.org.uk) to obtain a visa invitation.

For those travelling from the EU, any Brexit information and a tracker are available on the following website: <https://www.gov.uk/brexit>

## 12 TICKETING

Tickets will be available for the public to purchase from spring 2023. To sign up to receive information on the event, including ticketing, please register to receive our international events newsletter: <https://britishcanoeingevents.org.uk/slalom2023/international-events-newsletter/>

Spectators are encouraged to purchase tickets online in advance of the event to guarantee availability.

If you have any queries regarding tickets please email [events@britishcanoeing.org.uk](mailto:events@britishcanoeing.org.uk).



## 13 MEDICAL SERVICES

The HOC will provide and cover medical services only for emergency cases (first aid and ambulance). All participants are responsible to arrange, at their cost, their own medical insurance policy.

Qualified Water Safety personnel will be bank-side during competition.

The following Hospitals include full medical facilities including Accident and Emergency departments (distances from LVWWC):

- NHS Minor Injuries Unit – Cheshunt (2.2 miles)
- North Middlesex University Hospital – Edmonton (8 miles)
- Princess Alexandra - Harlow (9 miles)

## 14 COVID PROTOCOLS

The ICF covid guidelines, as applicable at the time, will be followed.

## 15 DOPING CONTROL

Doping control will be performed in accordance with the ICF Anti-doping requirements and WADA standards.

## 16 EVENT PARTNERS & SPONSORS

### Event Partners



### Official Partners





# ACCOMMODATION BOOKING FORM



**CSE has secured special accommodation rates for teams attending the 2023 ICF Canoe Slalom World Championships at Lee Valley White Water Centre between 6<sup>th</sup> September -20<sup>th</sup> September 2023**

## **Delta by Marriott Waltham Abbey**

*4 star property, just 4 miles away from Lee Valley, 10 minutes by car.  
This newly refurbished hotel offers excellent standard of accommodation; with bar, restaurant, leisure facilities including a pool, meeting rooms and parking.*

*Single: £ 145.00*

*Twin: £ 155.00*

*Rates inclusive of breakfast and vat*



## **Delta by Marriott Cheshunt**

*4 star property, just 4 miles away from Lee Valley, 15 minutes by car,  
This newly refurbished hotel offers excellent standard of accommodation; with bar, restaurant, leisure facilities including a pool, meeting rooms and parking.*

*Single: £ 125.00*

*Twin: £ 135.00*

*Rates inclusive of breakfast and vat*



## **Premier Inn Waltham Abbey**

*Premier Inn Property located less than 10 minutes from Lee Valley; restaurant on site*

*Single: £ 125.00*

*Twin: £ 135.00*

*Rates inclusive of breakfast and vat*



## **Premier Inn Enfield**

*Premier Inn Property located less than 10 minutes from Lee Valley, restaurant on site*

*Single: £ 84.50*

*Twin: £ 94.50*

*Rates inclusive of breakfast and vat*



## **Travelodge Enfield & Travelodge Cheshunt**

*Enfield Travelodge is just 15minutes from Lee Valley, close to amenities and offers full breakfast.*

*Cheshunt Travelodge is just 10 minutes from Lee Valley, also offering full breakfast and limited parking*

*Single: £ 120.00*

*Twin: £ 135.00*

*Rates inclusive of breakfast and vat*



# ACCOMMODATION BOOKING FORM



|             |  |
|-------------|--|
| Team:       |  |
| Lead Name:  |  |
| Address:    |  |
| Telephone : |  |
| Email:      |  |

To make your reservations please complete the following information: circle your requirements where required:

|  |                           |                                    |                                    |  |                               |                                |
|--|---------------------------|------------------------------------|------------------------------------|--|-------------------------------|--------------------------------|
| Circle your<br>Accommodation<br>Choice | <b>Delta<br/>Cheshunt</b> | <b>Delta<br/>Waltham<br/>Abbey</b> | <b>Premier<br/>Inn<br/>Enfield</b> | <b>Premier Inn<br/>Waltham<br/>Abbey</b> | <b>Travelodge<br/>Enfield</b> | <b>Travelodge<br/>Cheshunt</b> |
|--|---------------------------|------------------------------------|------------------------------------|--|-------------------------------|--------------------------------|

| Number of Rooms required: |  | Twins:    | Singles:     |                |          |
|---------------------------|--|-----------|--------------|----------------|----------|
| GUEST NAMES               |  | ROOM TYPE | ARRIVAL DATE | DEPARTURE DATE | # NIGHTS |
|                           |  |           |              |                |          |
|                           |  |           |              |                |          |
|                           |  |           |              |                |          |
|                           |  |           |              |                |          |
|                           |  |           |              |                |          |
|                           |  |           |              |                |          |
|                           |  |           |              |                |          |

**Booking Conditions:**

**Non-refundable Deposit of £100.00 per person required to secure your chosen accommodation at the time of booking.**

**Further deposit of 20% of the booking value is required by 30th April 2023**

**Balance of the booking is required by 10<sup>th</sup> July 2023**

**Cancellations:**

**£100.00 non-refundable deposit**

**Loss of deposit for cancellations made after booking and until 9<sup>th</sup> July 2023**

**Cancellations after 10<sup>th</sup> July are subject to 100% charges**

**Booking forms should be returned to: [nicola@cseplc.com](mailto:nicola@cseplc.com)**